

Family Medicine February 2014 Newsletter

Brrr, the February newsletter. Lots of good stuff here to get you through the freezing cold of the month. There's good reason February is the shortest month of the year...it gives the perception of an early end to Jack Frost's visit.

UNDERGRADUATE NEWS

Accreditation

The Undergraduate Medical Education Accreditation will take place **March 2-5, 2014**. We would like to thank all our clerkship preceptors for their patience and understanding while we have been implementing new tools into the rotations to improve the overall experience for the medical students. We value your input and appreciate your help. [Read More](#) on the upcoming accreditation.

Longitudinal Clinical Experience in Family Medicine

Longitudinal Clinical Experience in Family Medicine (LCE-FM) - formally Community Based Experience - continues to receive high praise from the students and preceptors. The program has now been approved for expansion into year two of medical school starting with the students who are currently in year one. The goal is to have the students complete 15 half day sessions within their first two years of medical school. Ideally preceptor continuity would be fantastic from a student perspective as well as preceptor as you will already have a relationship with the student from their sessions in Year 1.

Please keep your eye out for more information on LCE-FM Year 1 and 2. If you have any questions regarding this expansion, please contact Erika Siroski at erika.siroski@ualberta.ca.

GOINGS AND COMINGS

In December, the department held a farewell lunch for Mrs. Marie Cave to celebrate her well-earned retirement from her position as Assistant Professor with the Department of Family Medicine, and to send her on the next leg of her life journey as a *nearly-retired* professional.

Before coming to Edmonton, Mrs. Cave completed a Training and Supervision of Counsellors and Therapists Masters degree in Great Britain, focusing on the well-being of family physicians in her thesis, 'Medical marriages: A mirror of the system.' When she followed her husband, Dr. Andrew Cave, to Canada in 1993, Marie brought her own personal gifts and a generosity of spirit that has served the Department of Family Medicine very well. The Chair of the department at that time, Dr. David Moores, recognized that Marie's unique counselling skills, her counselling psychology background, and her knowledge of family medicine practice would add a special and much-needed human dimension to the Family Medicine Residency training program. He hired Mrs. Cave and still sees her expertise as a gift to the department.



In the ensuing years, Marie was instrumental in developing and piloting the department's Behavioural Medicine, Narrative Reflective Practice and Human Sexuality Programs/Courses. According to Dr. Paul Humphries, the Behavioural Medicine Program could not have run without Marie's dedication and expertise in developing and piloting the project. Indeed, the program she developed was the first of its kind in Canada and its methods have been recognized for their innovation in education. The program forced physicians to look at themselves and their students in a humanistic light; and while many criticized the program's methods as too personal, the 1999 National College accreditation team praised the Behavioural Medicine Program as essential to keeping humanity within family practice.

Likewise, Marie was instrumental in research and program application in Narrative Reflective Practice, encouraging students and doctors to talk, read and write about their experiences in medicine. She recognized the importance of family medicine within the community and she took the trouble and initiative to engage family medicine residents. To quote Dr. Moores, "Marie brought to this department the concept that the reflective practitioner is a better practitioner."

The Human Sexuality Program developed and piloted by Marie taught residents how to address sexuality issues presented in medical practice. Marie engaged the expertise of faculty from many disciplines (i.e., social workers, psychiatrists, and sociologists) to make the program inter-disciplinary. The program was characterized by a series of topics explored through role playing and group discussion that encouraged development of the fundamental skills required for a doctor to competently and humanistically obtain information from a patient. From the beginning, student feedback was overwhelmingly positive.

While the programs have changed, the elements Mrs. Cave initially embedded in them remain steadfast in family medicine and are expanding into other disciplines and other levels of teaching. Mrs. Cave's *nearly-retired* status is just that. Marie is looking forward to generatively passing on narrative reflective practice and behavioural medicine skills that help residents, medical students, and general practitioners work with their stories of practice by promoting research in these areas.

We wish you all the best in your retirement Marie.



CONGRATULATIONS to Dr. Tina Korownyk on the birth of her little boy, Luke, who weighed in at 8 pounds 11 ounces on January 13th. Luke, his mom, dad and siblings are all doing very well.

WELCOME LUKE. What a sweetie!



Dr. Connie Lebrun, Chief Doctor, Sochi Olympics. Here in Edmonton, Dr. Lebrun is the Director of the department's Enhanced Skills Program; as Chief Doctor at the Sochi Olympics, she is responsible for the organization and logistics of the Health and Science Team. [View the website for the 2014 Olympic Winter Games](#)

Connie, have a wonderful time!

FM ACADEMIC CAREER OPPORTUNITIES

▶ **[Director of Postgraduate Medical Education](#)**

This is a full-time, contingent, tenure-track faculty position. The academic salary and rank for the position will be commensurate with qualifications and experience and will be supplemented by the Department's Academic Alternate Relationship Plan. [Read more...](#)

▶ **[Assistant Undergraduate Education Director](#)**

This is an academic family physician position for the Grey Nuns Family Medicine Centre. [Read more...](#)

FM is also listing these new career opportunities on our [careers webpage](#).

RESEARCH NEWS



[BETTER Project News Release January 22, 2014](#)

BETTER trial creates easy-to-use guidelines to help prevent and screen for type 2 diabetes, heart disease and cancer.

Family practice clinicians in Canada now have a useful set of standardized clinical practice guidelines to help with integrating prevention and screening of chronic diseases, such as type 2 diabetes, heart disease and cancer, from the tool development process for the BETTER trial published in [CMAJ Open](#).

Congratulations to Dr. Donna Manca and the Family Medicine Research Team working on the BETTER Project on the publication of their paper:

[Guideline harmonization and implementation plan for the BETTER trial: Building on Existing Tools to Improve Chronic Disease Prevention and Screening in Family Practice.](#)

D. Campbell-Scherer, J. Rogers, D. Manca, K. Lang-Robertson, S. Bell, G. Salvalaggio, M. Greiver, C. Korownyk, D. Klein, J.C. Carroll, M. Kahan, J. Meuser, S. Buchman, R.M. Barrett, E. Grunfeld.

CCCSHH Name Changed to CHC

The Board of the CCCSHH voted to accept the recommendation to change the ***almost never-pronounced-correctly*** "Centre for Cross-Cultural Study of Health and Healing" to "**CENTRE FOR HEALTH AND CULTURE (CHC)**". Many thanks to our name-change committee, Olga Szafran, former chair Rick Spooner, and Valerie Plante.

The name-change committee also envisaged a future committee to re-work the mission statement of the Centre to more adequately represent the much broader research contribution we make in health and medicine in the department.

MARD CENTRE NEWS

The MARD Centre extends our congratulations to Tara Pidborochynski on the successful defense of her MSc (Epidemiology) thesis, "The Factors Associated with Older Adults: Ratings of Importance of Different Features of Alternate Transportation for Seniors Services".

We also would like to welcome our new research assistant *Caitlin Finley*. We are thrilled to have Caitlin join our MARD Centre team.

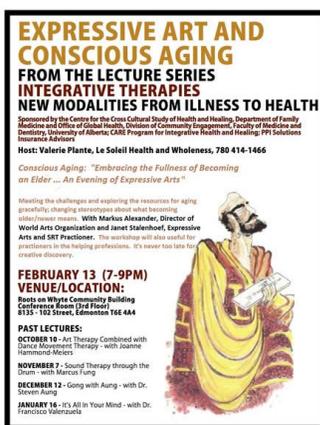
Bonnie Dobbs and Meghan Linsdell

[Canadian Geriatrics Society](#)

February 13, 7-9 pm
Expressive Art and Conscious Aging
with Janet Stalenhoef and Marcus
Alexander

From the Lecture Series
Integrative Therapies: New Modalities
from Illness to Health.

Venue: Roots on Whyte Community
Building
8135 - 102 Street



34th Annual General Meeting

April 10-12, 2014, Edmonton, AB

This meeting is an unparalleled opportunity to keep up with evidence based advances in healthcare for older people.

59th ANNUAL SCIENTIFIC ASSEMBLY (ASA)
WHAT'S UP DOC? AFPRN RESEARCH SHOWCASE
Thursday, February 27, 2014

The ACFP is pleased to invite you to participate in its What's Up Doc **Research Showcase** at the 59th Annual Scientific Assembly (ASA). We encourage participation from novice and experienced researchers, family physicians, administrators and policy decision makers whose work and research contributes to family medicine and primary healthcare.

Family Medicine Forum Call for Abstracts*

Family Medicine Forum is the largest educational event for family physicians in Canada and will provide opportunities for family physicians from across the country to present and discuss tools and best practices in teaching, research and clinical competencies.

We look forward to seeing you in QuÃ©bec City!

***The deadline for the Call for Abstracts is March 3rd, 2014**

OUT AND ABOUT THE FAMILY MEDICINE COMMUNITY

Lendrum Family Clinic, 5526-111st south Edmonton, looking for a physician to locum or take over an established practice as the present physician is leaving in Nov 2014. The practice is fully equipped for two physicians, modern office, fully EMR (med-access) and PCN support 3 days/week at present.
Call 940-3865, or 436-4322 for more info.

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Sylvan Medical Center has openings for two physicians in a very busy family practice in Sylvan Lake. Positions are available immediately.
 For more information, contact: **Dr. Rudi Niemand** at 403-887-2221 or
Marena Seifert, Clinic Manager (sylvanmedical@shaw.ca).

Undergraduate Summer Research Students

The FoMD Office of Research is accepting job postings for the undergraduate summer student's research job database. If you are thinking of hiring an **undergraduate summer research student** next year, visit the FoMD Office of Research [website](#) for information.

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Provincial Family Physician Initiative
Strengthening Linkages Workshop
April 12, 2014

Alberta Health Services Cancer Control is pleased to announce the fourth in-person and telehealth Family Physicians and CancerControl: Strengthening Linkages Workshop. This is an all-day event held at the two Tertiary Cancer Centres and four Associate Cancer Centres in Alberta.

Watching the Calendar

Feb 4, 2014, Edmonton, AB
From Presentation to Follow-up: A Clinicians Guide to Asthma Management

Feb 4, 2014, 2-9pm
2014 CAM Complementary and Alternative Medicine Fair
 Co-presented by the CARE Program and HSERC

Feb 6, 2014, Grey Nuns Hospital
Covenant Health Research Day

February 21-22, 2014
 Vancouver, British Columbia

Feb 25, 2014, 12-1pm, 3-001 ECHA
Pediatric Integrative Medicine Rounds
 Contact: careteam@ualberta.ca for more information

Thursday, February 27 to Saturday March 1, 2014
 Banff, Alberta, Canada
Alberta College of Family Physicians 59th ASA 2014

March 7-8, 2014
 Jasper Park Lodge, Jasper, AB
FREzER (Faculty Resident Extravaganza Educational Retreat)

March 14 & 15, 2014, Edmonton, AB

[Healthy Mothers And Healthy Babies](#)
[New Research and Best Practice Perinatal Conference 2014](#)

[Western Canadian Pediatric SOT Symposium](#)
Solid Organ Transplant in Children: Troubles before - Challenges thereafter.

<u>* DFM Workshops</u>	<u>* Conference Listings on the FM Webpage</u>	<u>* Family Medicine Conferences Worldwide</u>	<u>* MDLinx Family Medicine Conferences</u>	<u>* American Academy of Family Physicians</u>	<u>* The College of Family Physicians of Canada</u>	<u>* General Practice / Family Physician Conferences</u>
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