

## FAMILY MEDICINE JULY 2014 NEWSLETTER

[FM Newsletter in .pdf](#)

### CONGRATULATIONS 2014 FM RESIDENT GRADUATES

The 2014 Family Medicine graduation was held at the Muttart Conservatory on June 6, 2014. It was a chance for faculty, staff, residents and their family and friends to celebrate all their work and accomplishments over the last two years. Guests enjoyed themselves with a buffet dinner, candy bar, photobooth, and a chance to explore the four pyramids of the Muttart. The night ended with a dance where everyone could let their hair down and have some fun together before departing on their next adventure.

***Congratulations to all the graduates!***



Photo: A. Luu, yourphotobooth

### WELCOME RESIDENTS

As we say goodbye and good luck to our PGY2 graduating residents, we greet three groups of residents either arriving for the first time or returning into the family medicine arena. Welcome back to last year's residents now beginning their PGY2 and welcome to our PGY1 family medicine residents newly embarking on the family medicine residency journey. And a warm welcome as well as to Year 3 Enhanced Skills residents entering program-specific specializations.

**Already, residents are settling into individual routines and have chosen chief residents as follows:**

<b>URBAN:</b>	Ivy Zuidhof (Westview) and Grenvil Gracias (NorthEast)
<b>RAN:</b>	Grande Prairie: Alix Blackshaw, PGY1 and Autumn Mochinski, PGY2
<b>RAN:</b>	Red Deer: Lisa Boere & Tara Dawn, PGY1; and Kelli Taylor & Dawn Poisson, PGY2
<b>RAN:</b>	Fort McMurray: Housam Bada, and Papanna Praveen, PGY2

### EMERGENCY MEDICINE NEWS

Congratulations to Dr. Stephanie VandenBerg on receiving the **Penelope Gray-Allan Writing Award** for her article [The arithmetic of gestalt](#), a reflection on the intersection between the art of medicine and its science: when the sum total of our clinical decision making tools, laboratory investigations and imaging fail to transect the lived experiences of the patients we meet in the emergency department. Dr. VandenBerg was a resident with the Family Medicine Emergency Medicine Program and is an emergency physician in Calgary. The award was presented at the Canadian Association of Emergency Physicians [Emergency Medicine National Conference](#) held in June.

And, of course, welcome to our new residents, **Marc Curial, Josh Fanaeian, Lauren Feldhoff, Vickie Lee, Laura Matemis, Alim Nagji, and Colleen Sweeney.**

~~Dr. Angela Naismith, Director, Emergency Medicine

At the U of A, welcome BBQs of various types have been well attended by senior residents and staff. The *Grey Nuns Family Medicine Centre* had its annual clinic BBQ on Sunday June 22nd at Lac Ste Anne to welcome Family Medicine's new PGY1 residents and to say farewell to our graduates. We had a great turnout, and for once, we had all of our full-time faculty in one place!

Photo compliments of Dr. Shirley Schipper.

L-R: Amy Tan, Ron Schute, Kim Loeffler, Shirley Schipper, John Chmelicek, Lillian Au, Denise Campbell-Scherer, Donna Manca



## ALBERTA'S FIRST ACADEMIC ENHANCED FCC

Planning for the province's first Academic Enhanced Family Care Centre (FCC), aka *Woodcroft East*, in partnership with the Edmonton Oliver Primary Care Network (PCN) is moving at breakneck pace. Another innovation has been added: in addition to the Medical Home Model, this FCC will be a model of interdisciplinary teaching. A new member of the Faculty of Nursing (FoN), an experienced Family Nurse Practitioner from Ontario, will be joining as one of the providers. We will also have nursing practitioner students there in the future, training alongside medical students and residents. Even better, we are working with the FoN to have Woodcroft East be a site for RN students' 4th-year practicums, so we will be training the primary care nurses that PCNs across Alberta will need. --Lee Green, Chair, FM

## UNDERGRADUATE NEWS

### Longitudinal Clinical Experience in Family Medicine Years 1 and 2

Thank you to all the physicians who participated in **Longitudinal Clinical Experience in Family Medicine (LCE-FM)** in the 2013-2014 academic year and to those who have signed up to take part in this coming academic year.

**LCE-FM** has expanded into Year Two, with the goal that students will complete 15 sessions throughout Years 1 and 2 with the same preceptor. We are still looking for preceptors for the incoming Year 1 medical students. Please contact **Erika Siroski** at [erika.siroski@ualberta.ca](mailto:erika.siroski@ualberta.ca) if you are interested in more information on these sessions. View our [webpage](#) for more information as well.

#### CLERKSHIP UPDATE

Thank you to all of the physicians who signed up for clerkship rotations for the upcoming academic year.

**Preceptor Orientation will be held August 19 and September 11.**

Invitations with more information regarding these sessions will be sent out at the end of July.

#### PATIENT IMMERSION PROGRAM

If you have chronic illness patients you think would be good patient mentors for our students as part of the **Patient Immersion Program**, contact **Jo-Ann Paul**: [jkpaul@ualberta.ca](mailto:jkpaul@ualberta.ca)

Read more about the goals of the Patient Immersion Program in the article, [Every patient is a person with a story](#)

## RURAL & REGIONAL HEALTH NEWS

Dr. Fred Janke of our department, Mr. David Kay, Alberta Rural Physician Action Plan; and Dr. Bailey Adams, family medicine resident, Grande Prairie, were interviewed by Alberta Prime Time on July 4, 2014, about Alberta's lack of rural doctors. While the University of Alberta saw a record number of medical graduates choose to focus on family medicine, the majority still don't want to work in rural Alberta. What do we do to entice them to change their minds, and what is needed to enhance our health care system? [View the interview here.](#)

### e-CBAS VERSION 2 has launched

The education support team has used feedback from users in previous years and taken advantage of added functionality of a more up-to-date software package to make your eCBAS experience a more favorable one. Version 2's primary function is still to document observations and targeted feedback of residents in day-to-day practice and to sort them in a meaningful way to assist the learner and advisor to come up with a long term learning plan.

In the next few months, the four month report functionality will be added. We will begin to pilot that at the Grey Nuns Family Medicine Centre with, hopefully, a rollout date of October to the other sites. We look forward to receiving your feedback.

## RESEARCH NEWS

### WE HAVE MOVED!

Our new address is:

**Department of Family Medicine  
Research Program  
University of Alberta, 6-10 University Terrace  
Edmonton, AB T6G 2T4**

### Our new space houses the following:

- ▶ **Family Medicine Research Program (including medical education research)**
- ▶ **Care of the Elderly Research**
- ▶ **Medically At-Risk Centre (MARD)**
- ▶ **Evidence-Based Medicine (EBM) group**
- ▶ **Office of the Research Chair in Primary Care**
- ▶ **Centre for Health & Culture(CHC), and**
- ▶ **Primary Care Research Network (PCRN)**

## GRANTS

Waugh E, Razavy M. *Muslim Spiritual Realities and Their Impact on Health and Healing*. Funded by Covenant Health (Faith, Spirituality and Health Grants).

Kudos to Drs. Andrew Cave and Ginetta Salvalaggio who have been invited to submit full applications to the AIHS Partnership for Research and Innovation in the Health System (PRIHS) as a result of the Letter of Intent competition in April.

## PUBLICATIONS

- ▶ Triscott JAC, Dobbs BM, McKay RM, Babenko O, Triscott E. [Prevalence and types of anemia and associations with functional decline in geriatric inpatients](#). J Frailty Aging. 2014 June.
- ▶ Cave AJ, Atkinson LL. Asthma in preschool children: a review of the diagnostic challenges. Journal of the American Board of Family Medicine Jul-Aug 2014; 27(4): 538-548.
- ▶ Denise L Campbell-Scherer, Jodie Asselin, Adedayo M Osunlana, Sheri Fielding, Robin Anderson, Christian F Rueda-Clausen, Jeffrey A Johnson, Ayodele A Ogunleye, Andrew Cave, Donna Manca, and Arya M Sharma. [Implementation and evaluation of the 5As framework of obesity management in primary care: Design of the 5As Team \(5AsT\) randomized control trial](#). Implementation Science 2014, 9:78 || doi:10.1186/1748-5908-9-78.

### [Read the 5AsT Newsletter](#)

#### Tools for Practice:

- ▶ James McCormack, John T Chmelicek. [Generic Versus Brand Name: The other drug war](#). 2014-07-07  
Is there any benefit to prescribing brand name medications versus generic brands?
- ▶ G. Michael Allan, Alma Bencivenga. [Vitamin D and Low Mood: The easy perky pill](#). 2014-06-23  
Can Vitamin D improve or prevent low mood or depression?
- ▶ Grenvil Gracias, G Michael Allan. [Statins and cognitive impairment: Don't forget the evidence?](#) 2014-06-09  
Do statins have any effect on cognitive function or dementia?
- ▶ Ian C Taylor, Michael R Kolber. [My fracture really hurts, can I use non-steroidal anti-inflammatories?](#) 2014-05-26  
Do non-steroidal anti-inflammatory drugs (NSAIDs) increase the risk of fracture non-union or impede healing?

## MEETINGS IN REVIEW

### FAMILY MEDICINE GRAND ROUNDS

The department's inaugural Grand Rounds was held on June 19th, and by all accounts, the event very successfully met its goal of sharing and discussing scholarly and practical work pertaining to family medicine and of interest to individuals working within a family medicine environment. Dr. Neil Bell presented an inside experts perspective on how evidence is graded and becomes Canadian Task Force on Preventive Health Care recommendations.

[The talk is available here to stream online.](#)

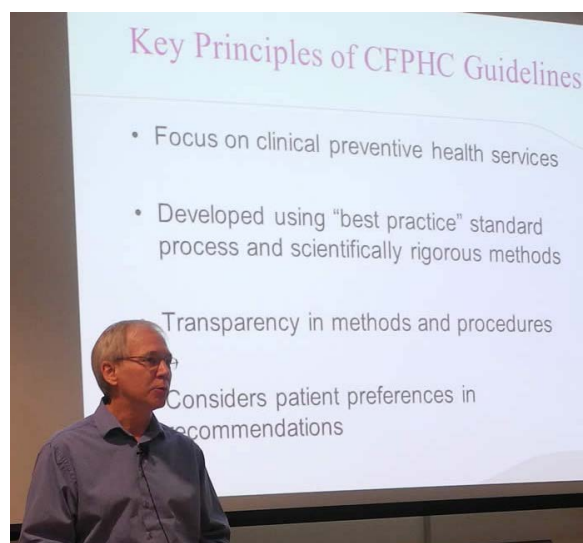
#### FM Teaching Excellence Award Presented at Grand Rounds:

Dr. Lee Green, Chair of the department, presented the 2012-2013 *Family Medicine Teaching Excellence Award* to Dr. Stanley Kroeker of Westview Physician Collaborative. Congratulations to Dr. Kroeker and also to Dr. Shirley Schipper of the Grey Nuns Family Medicine Clinic and Dr. Lyle Thomas of the Red Deer Emergency Department who received the award as well but were unable to attend grand rounds.

The Teaching Excellence Award recognizes family medicine preceptors who have demonstrated dedication to and excellence in the teaching of family medicine residents, and who act as a CanMEDS-FM role model: Family Medicine expert, professional, advocate, collaborator, communicator and scholar.

[Read more about the FM Teaching Excellence Award](#)

[Nominations for this award are open until August 15th.](#)



Dr. Neil Bell presenting at Grand Rounds

**Thank you Dr. Bell for beginning these rounds with a very informative and relevant topic.**



## BETTER 2 PROGRAM MEETING



On June 16th, the BETTER 2 (Building on Existing Tools to Improve Chronic Disease Prevention and Screening in PrimaryCare) Program brought together researchers, policy makers and clinicians from Alberta, British Columbia, Ontario, Newfoundland & Labrador, and the Northwest Territories to discuss the status of chronic disease prevention and screening in primary care, opportunities for collaboration and plan for next steps. The overarching aims of **BETTER 2** are to improve clinical outcomes, reduce the burden of chronic disease and improve the sustainability of the health care system through improved chronic disease prevention and screening in primary care. The Program is funded by Health Canada through the Canadian Partnership Against Cancer.

*Photo compliments of Carolina Aguilar*

**L-R back row: Melanie Heatherington, Dr. Rahim Moineddin, Dr. Eva Grunfeld, Vee Faria, Dr. Mary Ann O'Brien, Julia Baxter, Richard Cullen, Dr. Nicolette Sopcak. L-R front row: Christopher Meaney, Carolina Aguilar, Dr. Donna Manca, Dr. Kris Aubrey-Bassler**

## FAMILY MEDICINE RESEARCH DAY

The Department held its annual Family Medicine Research Day on June 6, 2014. Resident doctors, Laura Matemisz and Grenvil Gracias, did a great job emceeing the event.

The keynote address was delivered by Dr. Connie Lebrun, who gave an interesting and engaging presentation, replete with photos!, entitled "Sochi 2014: Health Care Planning - The 'Team' Behind The 'TEAM'". Dr. Lebrun participated as an Olympics athlete in the 1976 Summer Olympic Games and has been a medical doctor with the Canada Olympic team since 1996. She drew parallels between the research process and the planning and implementation process for setting up Canada's healthcare team for the Olympics.

A total of 20 presentations were made by residents and faculty. The variety and quality of research and practice quality improvement projects conducted by our residents, research students and assistants, and faculty, was commendable.

Funding for the event was provided by the Alberta College of Family Physicians, Alberta Rural Physician Action Plan, Scotiabank, Family Medicine Resident Association, and the Department of Family Medicine.



Dr. Connie Lebrun presenting at FM Research Day  
*FM Photo*

## THE IMPORTANCE OF A GLOBAL PERSPECTIVE IN GENERAL PRACTICE

**Professor David Zakus**, Director of Global Health in FoMD, gave a keynote address on July 6 at the annual **Oriental Family Doctor Forum** in Shanghai, China, on *The Importance of a Global Perspective in General Practice*. Many family medicine leaders from around the world participated, including Dr. Michael Kidd (President of WONCA and Executive Dean of the Faculty of Medicine, Nursing and Health Sciences at Flinders University, Australia); Dr. Jungkwon Lee, President of WONCA Asia Pacific; Dr. Garth Manning, Executive Officer of WONCA; Dr. Margaret Chan, Director General of the World Health Organization; the Directors of General Practice from Melbourne, Taiwan and Hong Kong, among others. The event was hosted by Dr. Sun Xiaoming, Chairman of General Practice of the Shanghai Medical Association and Director of the Pudong Health Bureau, Shanghai.

During the forum, the Fudan University GP Training Program based at Zhongshan Hospital was officially awarded **WONCA certification**.



*Photo compliments of Dr. D. Zakus*

L-R: Dr. Sun Xiaoming; Dr. Michael Kidd (WONCA President); Prof Zhu Shanzhu (Fudan University, Director, General Practice, Zhongshan Hospital); Mr Shen Xiaochu (Director-General, Shanghai Municipal Health and Family Planning Commission); Margaret Chan; Mr Zhu Hongming (Deputy Director, Primary Care Department, National Health and Family Planning Commission); and Mr Wang Wei (Deputy Director, Chinese Community Health Association).

## What's ahead for meetings?

---

▶ **PEDIATRIC UPDATE**

Lister Centre, U of Alberta

September 18, 2014: Pre-Conference Emergent Situation Management Simulation and Skills Workshop (full day)

September 19-20, 2014: Pediatric Update (1.5 days)

▶ **SPORTS MEDICINE 101 CONFERENCE**

September 27th, 2014 || University of Alberta Corbett Hall

▶ **INTERNATIONAL CONFERENCE ON RESIDENCY EDUCATION (ICRE)**

October 23-25, 2014 || Toronto, ON

▶ **PRACTICAL EVIDENCE FOR INFORMED PRACTICE CONFERENCE**

OCTOBER 24-25, 2014 || Double Tree by the Hilton West Edmonton | 16615 109 Avenue

▶ **FAMILY MEDICINE FORUM**

November 13-15, 2014 || Quebec City Convention Centre

▶ **NAPCRG 2014**

November 21 - 25, 2014 || New York Marriott Marquis, New York, New York

▶ **ACFP ACCELERATING PRIMARY CARE CONFERENCE**

November 23-25, 2014 || Edmonton Westin Hotel

### More Conference Resources

[Family Medicine Conferences Worldwide](#)

[MDLinx Family Medicine Conferences](#)

[American Academy of Family Physicians](#)

[The College of Family Physicians of Canada](#)

If you have Family Medicine news you would like to share, please forward the information to [cecilia.hutchinson@ualberta.ca](mailto:cecilia.hutchinson@ualberta.ca)

[FM Newsletter in .pdf](#)