

## FAMILY MEDICINE JUNE 2014 NEWSLETTER

[FM June 2014 Newsletter in .pdf](#)

### MESSAGE FROM THE CHAIR, Dr. Lee Green

*The Department of Family Medicine is growing!*

*Please join me in welcoming three new professors to the department.*

This summer, **Dr. Lillian Au** will be joining us as our *Assistant Director for Undergraduate Education*. She is an experienced family physician and teacher and will be practicing at the Grey Nuns. Family Medicine is taking an increasing leadership role in the undergraduate program, and Dr. Au will keep that trend going.

**Dr. Karenn Chan** will soon be joining the department as faculty in our *Care of the Elderly (CoE)* program. Family Medicine's CoE Program is arguably the best in Canada, and Dr. Chan's clinical, teaching, and scholarly contribution will add further to its excellence.

**Dr. Andrea Gruneir** will arrive at the end of summer as *Associate Professor*. Dr. Gruneir is an experienced epidemiologist and health services researcher whose work focuses on health care for elders.

The **Woodcroft East Academic Enhanced Primary Care Centre** plan is developing at a rapid pace. Our crack intelligence-gathering team returned from their travels to Colorado and Utah with an even deeper understanding of the Medical Home Model, and are putting it to use making sure that the new AEPCC raises the bar for quality, safety, patient and staff satisfaction. Like any large and transformational undertaking, it's a lot of work and will create a fair bit of dust in the doing. It is, however, a chance to create something truly outstanding and those don't come along that often. This is a journey well worth taking.

-Lee



### FAMILY MEDICINE PROGRAM OF CHOICE

The University of Alberta is graduating a record number of family doctors. The percentage of doctors who choose family practice has been on the rise in recent years, with an increase from 22 per cent in 2006 to the current 44 per cent in 2014. The 74 new family MDs make up just under half of the spring graduating class from the U of A's Faculty of Medicine.

- ▶ [Read the Global News Edmonton story aired June 5, 2014.](#)

Of those new doctors, a high number are heading to rural communities, in part because of some recently introduced programs at the University.

- ▶ Read the Faculty of Medicine and Dentistry story, [Growing Alberta's Doctors](#), published on-line June 5, 2014

## Family Medicine Grand Rounds

Thursday, June 19, 8:30 to 9:30 am

L1-430 ECHA

Edmonton Clinic Health Academy

### FAMILY MEDICINE GRAND ROUNDS

**Speaker: Dr. Neil Bell**

**Topic: Understanding the Canadian Task Force on Preventive Health Care's™s New Approach to Quality of Data Evaluation and Clinical Decision Support.**

The Grand Rounds will be live streamed on the [FM WEBSITE](#) (click on the "Live Streaming" link in the right column) AND at

<https://new.livestream.com/aict/familymedicine>

Family Medicine Grand Rounds is an initiative of the Department of Family Medicine, a forum to share and discuss scholarly and practical work pertaining to family medicine and of interest to individuals working within a family medicine environment.

### SIMULATIONS CLUB NEWS

#### What is the Simulations Club?

Last year several PGY2 residents got together to practice simulations in preparation for their CCFP exam, and OSCEs, and for real life practice! A very good reason to create a "Simulation Club." This year, the group would like to coordinate their efforts with residents registered for **Procedural Skills Day** scheduled for the afternoon of **July 16, 2014**. The Department of Family Medicine has allowed the group to coordinate their efforts to make it convenient for those interested in attending. This July session will be part of a resident research project on simulation training in Family Medicine Residency.

#### Here are the details:

*July 16, 2014---All residents are invited to a [1pm-3pm session](#) or a [3pm-5pm session](#).*

*There will be three simulations, followed by teaching around the three simulation topics.*

*We ideally want 9-18 people to maximize learning and practice; however, we can accommodate up to 36.*

Contact us if you have any questions about the planned simulations.

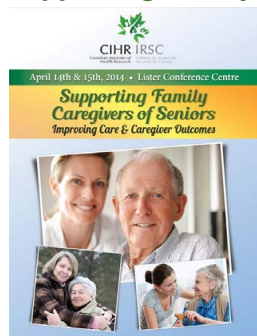
Grenvil Gracias, Michael Lai, Laura Matemis, Alim Nagji

**Location: College Plaza |||| TO REGISTER, please contact Shelley Veats:**  
[shelley.veats@ualberta.ca](mailto:shelley.veats@ualberta.ca)

[ualbertasim@gmail.com](mailto:ualbertasim@gmail.com)

## SO MANY CONFERENCES: Updates on a Few

### Supporting Family Caregivers of Seniors



In April, Dr. Jasneet Parmar and a group of researchers funded through CIHR organized a conference for researchers, academics, health care providers, family caregivers, administrators and community organizations that highlighted support for family caregivers of seniors. The conference was a tremendous success with 125 participants by invitation.

The event brought together stakeholder groups to consolidate research evidence, analyze strengths and gaps, and develop strategies for future grant application submissions aimed at better supporting family care-givers of seniors. The three theme areas, included: a) online support for care-givers of seniors with dementia, b) care-givers of persons at end of life, and c) caregivers of older adults with complex needs. Presentations were given by visiting international speakers and local researchers, community organizations and family caregivers which served to share information, leading practices and current evidence. A Caregiver Conversations Cafe gave attendees an opportunity to discuss and identify current challenges, barriers and facilitators, and desired outcomes for research. The conference was very successful in highlighting the importance of addressing the needs of family caregivers. It also gave rise to new collaborations and achieved a variety of key commitments from the stakeholders for future work in the area of supporting family caregivers and improving their outcomes.

### Invitational Forum on Working Together for Seniors Care in Alberta

The Alberta College of Family Physician's (ACFP) Advisory Committee on Seniors Care, chaired by Dr. Marjan Abbasi, successfully hosted the Invitational Forum on Working Together for Seniors Care in Alberta in Edmonton on April 26th. The forum brought together representatives from various government offices, AHS, AH, AMA, family physicians, and caregivers. The meeting was engaging and has been foundational in enabling a framework for positive change for the care of the elderly. A final synopsis paper is being developed and will be available once completed. Congratulations Dr. Abbasi!

### Society of Teachers of Family Medicine

In May, Dr. Shelley Ross and Dr. Shirley Schipper attended the **Society of Teachers of Family Medicine** in San Antonio, TX, and presented a workshop on the **Competency-Based Achievement System (CBAS)** developed by the Family Medicine CBAS team. Dr. Ross also presented **Sentinel Habits**, another CBAS team initiative, a set of skills & habits that make a good physician and link **CanMEDS FM roles** to the Skill Dimensions. Both sessions were well attended and have resulted in inquiries from other programs looking to adopt or adapt these educational innovations.

### AIM Booster

Family Medicine staff and physicians were re-energized by the excellent topics presented at **7th Annual AIM Booster Session, The Sustaining and Spreading of Quality Improvement**, which was held in Calgary on May 28th and 29th.

- ▶ Dr. Lee Green talked about **Approaches to Building a Continuous Quality Improvement Culture**
- ▶ Mirella Chiodo presented **The Key to Improving Access - Knowing Your own and Treating Your Own Through Panel and Caseload Identification and Management**, and
- ▶ Dr. Sudha Koppula and Leslie Bortolotto presented their clinic improvement story - **The Royal Alex Clinic Implementation of the ASaP Initiatives**.



(L-R back): L. Bortolotto, S. Koppula, M. Chiodo, C. Berezan, S. Cunningham

(L-R front): K. Hanak, L. Green, M. Wittenberg

### Canadian Anti-Spam, the University of Alberta and the Department of Family Medicine

New federal legislation comes into effect on July 1, 2014, which will change some of the email and other electronic messages you receive from the University of Alberta. This new law requires that we have your consent to send you emails that include messages about paid programs and events, contests and promotional offers.

**[OPT IN here](#)** to continue receiving information from the U of A.

**[Update your Info/FAQ here](#)**

What you need to know about the new **[Canadian Anti-Spam Legislation \(CASL\)](#)**

## WELCOME



### FM-EMERGENCY MEDICINE

Dr. Angela Naismith and the FM-Emergency Medicine team are very pleased to welcome Dr. Nav Dhaliwal as Assistant Program Director for the FM-EM program, effective July 1st. Dr. Dhaliwal completed his FM and EM training in Edmonton after completing his medical training in the urban trauma environment of Detroit, Michigan. Currently, he practices at the Grey Nuns Community Hospital and the Sturgeon General Hospital as an ER physician. In his spare time, you can catch him playing with his little girl and teaching residents the fine points of emergency medicine and family medicine.

(Photo: Dr. Nav Dhaliwal)

### CARE OF THE ELDERLY

Dr. Bonnie Dobbs and Care of the Elderly faculty and staff welcome **Dr Peter Tian** to the department in the capacity of Research Coordinator for the Division of Care of the Elderly. Dr Tian brings valuable skills to the Division, including medical expertise and a background in research administration. In the past, Peter was a grant writer at the Covenant Health Research Centre and Project Coordinator of the SCOPE Pilot Project with the Faculty of Nursing, U of A. He is also an otolaryngologist (Philippines) with a Master of Public Health degree. **Welcome Peter.**



(Photo: Dr. Peter Tian)

## BATTLE OF THE SCHOOLS



On May 21st and 22nd, **Dr. Doug Klein** was one of the organizers when students from McKernan, Grandview, Belgravia and Windsor Park came together in the McKernan school yard to participate in the **Battle of the Schools**. The four community schools organized activity days to emphasize physical activity, healthy eating and student leadership. Over 1,200 students were divided into five "Olympic Rings" groups, **Black**, **Green**, **Yellow**, **Red**, and **Blue**, with representation from different grades and schools within each group. Students rotated through five activity stations: a relay, two team building activities, nutrition trivia, and an obstacle course. Points were awarded for participation, teamwork, and achievement.



*This event was funded through the University of Alberta Public Health & Wellness Fund. Donations were made by Save on Foods and Yoplait.*

## RESEARCH NEWS

### WELCOME

Please join us in extending a warm welcome to **Erika Goble, PhD (Secondary Education)**, who joins our department as the **Primary Care Research Network Coordinator**. Erika will be working with **Dr. Lee Green** in overseeing the development of a province-wide, multi-stakeholder collaborative **Primary Care Research Network (PCRN)** and is located in **215 College Plaza, 780-492-2409 / egoble@ualberta.ca**.

Welcome also to the following summer research students who are working on research projects with the department:

- ▶ **Colin Siu** - Inner City Health and Wellness Program (Dr. Ginetta Salvalaggio)
- ▶ **Emily B King** - Development of Obesity Management Curriculum for Medical Students based on the "5As Framework of Obesity Management" and the 5As Team Intervention Trial (Dr. Denise Campbell-Scherer)
- ▶ **Carlos Lara** - Development of Obesity Management Curriculum for Medical Students based on the "5As Framework of Obesity Management" and the 5As Team Intervention Trial (Dr. Denise Campbell-Scherer)
- ▶ **Michelle Huie** - Exploring the Components of Good Formative Feedback: A Content Analysis (Dr. Shelley Ross)
- ▶ **Orysya Svystun** - Remediation Patterns in Family Medicine: A Comparison Before and After Competency-Based Assessment (Dr. Shelley Ross)
- ▶ **Jennifer Orzynski** - Exploring the Impact of Language on Ratings by Expert Observers (Dr. Shirley Schipper)
- ▶ **Jason Shergill** - Medical Conditions and Driving (Dr. Bonnie Dobbs)
- ▶ **Ruojin Bu** - Medical Conditions and Driving (Dr. Bonnie Dobbs)

## GRANTS

1. HEYLAND D, Howard M, **Klein D**, Barwich D, Harvey L, **Tan A**. Improving General Practice Advance Care Planning: The i-GAP Study. Funded by TVN Technology Evaluation in the Elderly Network.
2. **KLEIN D**, Heyland D, Brauer P, **Campbell-Scherer D**, Day A, Gramlich L, **Green L**, Khursheed J, Klein J, McCabe C, Mutch D, Taylor L, Tremblay A. An Evaluation of the CHANGE Lifestyle Intervention in Primary Care: A Multicentre Cluster Randomized Trial. Funded by CIHR - Operating Grant (Institute of Nutrition, Metabolism and Diabetes - Bridge Funding).
3. HEYLAND D, **KLEIN D**, Brauer P, **Campbell-Scherer D**, Day A, Gramlich L, **Green L**, Jeejeebhoy K, Klein J. Promoting Health of Older Adults through CHANGE Technology. Funded by CIHR Catalyst Grant: eHealth Innovations - Aging.
4. **ROSS S**, **Donoff M**, **Humphries P**, **Schipper S**. Examining the Influence of Language on Assessment in Competency-Based Education. Funded by UofA Office of the Vice-President (Research).

## PUBLICATIONS

- ▶ Johansen ME, **Green LA**, Sen A, Kircher S, Richardson CR. [Cardiovascular risk and statin use in the United States](#). *Annals of Family Medicine* 2014 (May/June), 12(3): 215-223.
- ▶ Paustian ML, Alexander JA, El Reda DK, Wise CG, **Green LA**, Fetters MD. [Partial and incremental PCMH practice transformation: implications for quality and costs](#). *Health Services Research* 2014 (Feb); 49(1): 52-74. [Epub 2013 Jul 5].
- ▶ **Kolber MR**, **Korownyk C**. [An aspirin a day? Aspirin use across a spectrum of risk: cardiovascular disease, cancers and bleeds](#). *Expert Opinion* Pharmacotherapy [in: Editorial] 2014 (Feb); 15(2): 153-157.
- ▶ Kaplan BJ, Giesbrecht GF, Leung BM, Field CJ, Dewey D, Bell RC, **Manca DP**, O'Beirne M, et al. [The Alberta Pregnancy Outcomes and Nutrition \(APrON\) cohort study: rationale and methods](#). *Maternal & Child Nutrition* 2014 (Jan); 10(1): 44-60. [Epub 2012 Jul 17].
- ▶ **Manca D**, Liyanaarachchi R, Starreveld E. [Diagnosis and treatment of paroxysmal kinesigenic dyskinesia in a 15-year-old boy](#). *Canadian Family Physician* [in: Case Report] 2014 (May); 60: 445-447.
- ▶ **Charles L**, **Triscott J**, **Dobbs B**, **McKay R**. [Geriatric Core Competencies for Family Medicine Curriculum and Enhanced Skills: Care of Elderly](#). *Can Geriatr J* 2014; 17(2):1-10.
- ▶ **Parmar, J.**, **Dobbs, B.**, **McKay, R.**, Kirwan, C., Cooper, T., Marin, A., & Gupta, N. (2014). [Diagnosis and management of dementia in primary care: Exploratory study](#). *Canadian Family Physician*, 60(5), 457-465.
- ▶ Ian C Taylor, **Michael R Kolber**. [Do non-steroidal anti-inflammatory drugs \(NSAIDs\) increase the risk of fracture non-union or impede healing?](#) 2014-05-26
- ▶ **G Michael Allan**, Jill A Blaser. [Does acetaminophen in pregnancy increase the future risk of Attention Deficit Hyperactive Disorder \(ADHD\) for the unborn?](#) 2014-05-12.
- ▶ M Mountjoy, J Sundgot-Borgen, L Burke, S Carter, N Constantini, **C Lebrun**, N Meyer, R Sherman, K Steffen, R Budgett, A Ljungqvist. [The IOC consensus statement: beyond the Female Athlete Triad—Relative Energy Deficiency in Sport](#). *Br J Sports Med* 2014;48:491-497 doi:10.1136/bjsports-2014-093502.
- ▶ De Souza MJ, et al. [2014 Female Athlete Triad Coalition Consensus Statement on Treatment and Return to Play of the Female Athlete Triad](#). *Br J Sports Med* 2014;48:289. doi:10.1136/bjsports-2013-093218.
- ▶ Tony Nickonchuk, Adrienne J. Lindblad, and Michael R. Kolber. [Tools for Practice Oral cholera vaccine for traveler's diarrhea prophylaxis](#). *Can Fam Physician*

### NAAFP Request for Proposals

## Out and About the FM Community

Exciting group practice opportunity at **Dominion Medical Centres** located in South Edmonton, full EMR, modern and well-equipped office, excellent colleague support, associated with Southside PCN. Female practice of primarily women, adolescent medicine and young children to assume. Flexible hours, NO call, NO obstetrics. Benefits package available. Start date: after August 1, 2014 (or sooner if you wish).

If interested or if you have questions, call **Dr. Lillian Au, 780-908-1241** or e-mail: [aulong@shaw.ca](mailto:aulong@shaw.ca)

## Upcoming Conferences

### Health Policy Speaker Series - Professor Dame Sally Davies

Against the odds: The creation of NIHR and the impact on front line health workers

### XXIII FIMS World Congress of Sports Medicine

From Prevention to Performance - June 18-21, 2014, Quebec City, Quebec

The Canadian Academy of Sport and Exercise Medicine (CASEM) in collaboration with the Association québécoise des médecins du sport (AQMS) is proud to be organizing the 2014 edition of the congress. *For more information and for registration please visit*

<http://fims2014.org/>

### 13th Annual Advances in Qualitative Methods (AQM) Conference

Progressing Applied Qualitative Research

June 23 - 25, 2014 || Edmonton, Alberta

### **[U of Alberta President's Staff Appreciation Picnic](#)**

Thursday, June 19th, 11:30pm - 1:30pm || Please take your **ONEcard**

**[Register here](#)**

<b><u><a href="#">* DFM Workshops</a></u></b>	<b><u><a href="#">* Conference Listings on the FM Webpage</a></u></b>	<b><u><a href="#">* Family Medicine Conferences Worldwide</a></u></b>	<b><u><a href="#">* MDLinx Family Medicine Conferences</a></u></b>	<b><u><a href="#">* American Academy of Family Physicians</a></u></b>	<b><u><a href="#">* The College of Family Physicians of Canada</a></u></b>
---	---	---	--	---	--



***If you have a story to share with the U of A Family Medicine community, please contact Cecilia Hutchinson with details ([cecilia.hutchinson@ualberta.ca](mailto:cecilia.hutchinson@ualberta.ca))***

**[FM June 2014 Newsletter in .pdf](#)**

**[Top of Page](#)**



***Does wearing a SCENT to work make SENSE?***

***One person's delight may be another person's nightmare.***

***Please be "scents-ible" with the air we share; refrain from wearing scented products to work.***

***The U of A promotes a scent-free environment for faculty, staff and students.***

***See the U of A [brochure](#).***